

Press release from the Women, Child, Senior Citizen & Divyangjan Welfare Department, Gyalshing
Five-Day Training on “Poshan Bhi Padhai Bhi” Concludes Successfully in Gyalshing

Gyalshing June 22: A five-day training programme on “Poshan Bhi Padhai Bhi” for 162 Anganwadi Workers of the Gyalshing Rural Project, Gyalshing District, concluded successfully today at the Zilla Conference Hall, Gyalshing. The training was conducted from 16 to 20 June 2026.

The programme was organized to strengthen the capacities of Anganwadi Workers in implementing the Poshan Bhi Padhai Bhi initiative under Saksham Anganwadi and POSHAN 2.0, which integrates nutrition with quality Early Childhood Care and Education (ECCE) for children aged 0–6 years.

Over the five days, participants received comprehensive training on the National Curriculum Framework for the Foundational Stage (NCF-FS), play-based and activity-based learning, early stimulation, child development, nutrition, growth monitoring, health and hygiene, and age-appropriate teaching-learning practices. Interactive sessions, demonstrations, group activities, and practical exercises equipped the participants with the knowledge and skills required to provide holistic care and learning opportunities at Anganwadi Centres.

The valedictory programme acknowledged the enthusiastic participation and commitment of all 162 Anganwadi Workers and emphasized their vital role in ensuring the holistic development of young children through quality preschool education and improved nutrition services. Participants were encouraged to effectively implement the learnings in their respective Anganwadi Centres and contribute towards achieving better developmental outcomes for children across the district.

The programme was attended by Supervisors, the District Coordinator (POSHAN), Block Coordinators, Nutrition Inspector, Social Welfare Inspector, and the CDPO-cum-Deputy Director of the Gyalshing ICDS Rural Project, who appreciated the active involvement of the participants and reiterated the importance of strengthening early childhood care, education, and nutrition services at the grassroots level.

The successful completion of the training marks another significant step towards enhancing the quality of services delivered through Anganwadi Centres and ensuring the overall growth and development of children under the Poshan Bhi Padhai Bhi initiative.